

The Power of Perception: 'You don't have to. You get to!'

Not long ago on The Science of Getting Rich Network Discussion Forum, "Dave M" posted a message looking to connect with fellow Practical Geniuses™ while on a business trip. He wrote: "I find myself having to travel to Blaine, Minnesota, for a trade show next week ..."

I responded with a grin: "Hey, Dave — you know what? You don't HAVE to do anything. You GET to!"

Dave came right back with:

"It is so funny that you pointed this out. Thanks!

"The funniest part is that one of my CMIs* involves traveling (which I love). Not only that but it addresses the traveling I do for my company — which I also love — especially to places I have never been (like Minnesota)!"

"It's amazing how one word can alter the message you send to the Formless. What I meant to say was: "I am excited that I get to travel to Blaine, Minnesota, for a trade show."

Yes, it is amazing how a slight shift in perception and the attitude that springs from that shifted perception changes everything! But you know, it's not particularly the WORDS that do the trick. As always, it's the thought and feeling behind the words.

When you shift — just a little — to a way of looking at anything that helps you feel even a little bit better about that thing or event or circumstance, you've just taken

your focus, faith and feeling OFF what you don't want (or the absence of what you do want) and placed it firmly back on what you desire to be, do, or have.

Learn to pay attention to your feelings because they will *always*, unfailingly show you where your thoughts are *really* focused!

And that means your feelings always tell you

whether you're heading toward something you want and will like or toward something you do NOT want and will NOT like!

Jenn (in Minnesota herself) immediately caught on to this:

"This was exactly what I needed to hear today. I woke up this morning, looking at my gigantic To Do List and thought 'Ugh, look at all of this stuff I HAVE to do today.'

"After reading your post I changed it to 'Look at all the great things I GET to do today!' It **immediately** changed how I was feeling and suprisingly I have gotten a lot done today."

Then, a couple weeks later, Rey (in Florida) added his *delightful* experience:

The Three-Minute Question
Would I be willing to have this thought (or these words) manifest into solid form or a real effect in my life in the next three minutes?
(No? You know what to do: Shift to a better feeling thought now!)
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"I don't have to do anything. I get to!"



"Gratitude is your connection to power."

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‘So go ahead and try it with me . . . Yeeeeehaaaw!’

“I don’t have to _____, I get to.
“When you have something on your to do list, or you think you should do something because of external appearances or social pressures, stop for just a second.

“I read Rebecca’s post somewhere and she told somebody that they don’t *have* to be grateful, they *get* to be.

“So my wife was stressing out about sending out invitations to a party for work. And I said, ‘Stop. You don’t *have* to send out invitations. You *get* to.’

“It was like a wave of ‘Aha!’ crashed onto her and the relief in that split second was palapable.

“Then I said, ‘You love parties, [and] you love sending out invitations. How lucky are *you*?’

“She goes, ‘Oh yeah.’

“I’ve been realizing this at work. ‘I have

to call So-and-So.’ No I don’t! I’m extremely lucky to have this client/prospect/friend to call. I *get* to. I’m *inspired* to. I’m blessed beyond the pale.

“So go ahead and try it with me: I don’t have to _____. I get to!

“Yeeeeehaaaw!” So there you have it, my friend. It’s always your choice how to view *everything* in your life.

And the more you begin to consistently recognize and appreciate the opportunities and gifts that come your way every day, the faster the things you desire to be, do, and

have will show up!

Best of all, you won’t be waiting for them to bring you happiness. You’ll be joyful *now*.

And that, my friend, is the **real ‘secret’** to everything!

Join us now!

Check out all the wonderful successes of others who have already joined the first and only online course where YOU **set your own tuition** –

The Science of Getting Rich for Practical Geniuses™!

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Plus ...

Find even more successes (“large” and “small”) and get your questions answered on

The SOGR Network Discussion Forum:

http://snipurl.com/this_is_fun

fold to inside

Enjoy this little ‘Pocket Reminder Card’ ...

Just clip it out, fold with the reminders on the outside, and carry in your wallet or pocket to remind you that YOU are in charge of your thoughts and feelings — and the results they bring.

There’s a little bonus on the flip side for you from The Science of Getting Rich for Practical Geniuses™ Online Course (LifeLab™ 27). The “Three Minute Question” is another simple but powerful tool to

keep you heading toward what you desire.

If you haven’t yet, why not join thousands of wonderful, helpful, committed people from all around the world in learning how to consistently apply and benefit from these wonderful universal principles?

Check it out and sign up here:

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